



St Bartholomew's CE Primary School

Dear Parent and Carers

It is that time of year again, this year's PGL residential trip is drawing ever closer. On Wednesday the 10th of June we will be departing from the school, heading for three days of fresh air, exhilarating activities and camping! The children will need to be at school at the usual time to ensure we get the most of our time there.

During their stay at PGL the children will be camping. (Not camping in a luxury caravan but in tents.) They will need to bring their own sleeping bag and pillow. The children will also need to bring towels for after water based activities, a wash bag containing any toiletries that they will need and either sun cream or a waterproof. The activities during the three days will require that long hair is tied back and all jewellery is removed so you may want to bring a small bag to keep jewellery in whilst the activity is in session.

We cannot control the weather so the children will need to be prepared. Whilst there, wearing your best clothes or shoes is not advised as many activities have the potential for the children to get covered in mud. They will need sturdy footwear, tops that cover their shoulders, shorts that cover their thighs, long sleeve tops, long sleeve trousers, socks will be needed for all the activities and a set of clothes to get changed into in case the weather suddenly changes, clothes get dirty or after a water activity. Swimwear will be required.

PGL have given a set of guidelines for clothing, for the activities we will be partaking in the guide is here.

Activity	To Wear ✓	Not to Wear ✗	Notes
All Rope Sessions (Abseiling, Climbing, Zip Wire, High Ropes, Trapeze, Jacob's Ladder, Giant Swing, Tree Top Trail, Powerfan®, Vertical Challenge, Crate Challenge)	Sturdy footwear Tops that cover the shoulders Shorts that cover the thighs	Flip flops or Crocs Open toed shoes/sandals	Bring some warm clothing in case of bad weather
Fencing	Sturdy footwear Long trousers	Shorts Flip flops or Crocs	Long hair tied up
Water Based Activities	Old, warm clothing Fleeces Layers Glasses retainer Closed toe shoes Swimwear (not essential)	Wellingtons Crocs Jeans Avoid heavy cotton	All children to bring a bag containing dry shoes, jumper, towel, wash kit, trousers and underwear
Archery	Flat shoes Long sleeved tops	Short sleeves Flip flops or Crocs	Avoid loose clothing

Please ensure that old clothes are packed, a tidy set for the evening is also required.

On Friday the 12th of June we aim to be back at school for normal time.



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