

Do you or your child have one or more of these symptoms?

- Extreme thirst**
- Tiredness, no energy**
- Weight loss**
- Frequent urination**
- Blurred vision**

If so, talk to your doctor. It's possible that you or your child may have type 1 diabetes.

Type 1 diabetes can affect anyone at any age. Type 1 diabetes is not linked to diet or lifestyle and symptoms can come on very quickly. Early diagnosis is important, so discuss your concerns with your doctor as soon as possible. If you or your child has type 1 diabetes, you are not alone. For more information on JDRF and our search for the cure,

visit www.jdrf.org.uk/info or call 020 7713 2030

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